

OPIOID PREVENTION HELP

SHOWING SUPPORT FOR SOMEONE STRUGGLING WITH OPIOID ADDICTION IS AN IMPORTANT STEP IN THE START OF THEIR RECOVERY.

HERE ARE 5 TIPS TO HELP A FRIEND OR LOVED ONE



1
2
MAKE SURE TO SHOW COMPASSION & UNDERSTANDING

1
BE A GOOD LISTENER



3
4
FOCUS ON YOUR CONCERN FOR THEIR HEALTH



3
AVOID "YOU" STATEMENTS & JUDGMENTAL COMMENTS



5
TRY TO REFER THEM TO A LICENSED COUNSELOR WHERE THEY CAN RECEIVE THE BEST TREATMENT FOR THEIR ADDICTION



RESOURCES TO HELP WITH ADDICTION

- SAMHSA National Helpline: 1-800-662-HELP
- The Substance Abuse and Mental Health Services Administration (SAMHSA) operates a hotline for both individuals and family members coping with addiction. Call 24 hours a day, 365 days a year to get referrals to treatment, community organizations and support groups.
- Partnership for Drug-Free Kids Hotline: 1-855-DRUGFREE



HOLD OUT THE LIFELINE:
A Mission To Families

South Carolina
DAODAS
Department of Alcohol and Other Drug Abuse Services