Opioid Prevention Holiday Campaign – Week 4

Christmas & New Year Focus

Recovery, Support, and Safer Celebrations

Hope, Healing, and Healthy Holidays

HOLD OUT THE LIFELINE:
A MISSION TO FAMILIES
(HOTL)

- ☑ Remember that the holidays can be difficult for those experiencing grief, loneliness, depression, or substance use.
- ☑ Reach out, listen without judgment, and offer support.
- ☑ Encourage and connect individuals with treatment and recovery services.
- ☑ Celebrate responsibly — avoid mixing opioids with alcohol or other sedating substances.

Support Recovery. Strengthen Families. Celebrate Life.

"Each One Can Reach One."

803-401-5307 | www.hotlifeline.org | @hotlifeline