



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

ADULT MENTAL HEALTH FIRST AID

In-Person Certification Course

Adult Mental Health First Aid is an 8-hour training to teach you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

THURSDAY, MAY 18
9:30 AM - 5:30 PM

RICHLAND LIBRARY EDGEWOOD
2101 OAK STREET
COLUMBIA, SC 29204

REGISTER IN ADVANCE FOR THIS TRAINING
[HTTPS://WWW.SURVEYMONKEY.COM/R/MHFAMAY2023](https://www.surveymonkey.com/r/mhfamay2023)

REGISTRATION DEADLINE
MAY 15TH

Sponsored by



HOLD OUT THE LIFELINE:
A MISSION TO FAMILIES