



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

ADULT MENTAL HEALTH FIRST AID

In-Person Certification Course

Adult Mental Health First Aid is an 8-hour training to teach you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

DATE: SATURDAY, JANUARY 10, 2026
9:00 AM - 5:00 PM

LOCATION: ST. JOHN CHURCH OF GOD
510 IVA RD.
NORTH, SC 29112

REGISTER IN ADVANCE FOR THIS TRAINING AT THE LINK OR QR CODE BELOW:
[HTTPS://WWW.SURVEYMONKEY.COM/R/MD6C665](https://www.surveymonkey.com/r/MD6C665)

REGISTRATION MUST BE SUBMITTED NO LATER THAN:
WEDNESDAY, DECEMBER 31, 2025

**THE TRAINING IS FREE AND WILL PROVIDE ALL TRAINING MATERIALS,
A CONTINENTAL BREAKFAST, LUNCH, AND AFTERNOON SNACKS.**
FOR QUESTIONS OR CONCERNS PLEASE CONTACT:
AVA DEAN @ DEANA@HOTLIFELINE.ORG

Sponsored by

**ST. JOHN CHURCH OF GOD
AND**

WOMAN'S BAPTIST EDUCATIONAL & MISSIONARY CONVENTION OF SC



HOLD OUT THE LIFELINE:
A MISSION TO FAMILIES



**MENTAL
HEALTH
FIRST AID**