WEEK 1 • THANKSGIVING

Give Thanks for Life

Medication Safety & Family Conversations



HOLD OUT THE LIFELINE:
A MISSION TO FAMILIES

One caring conversation and one practical step can help keep our families safe this holiday season.

1. **Use medications responsibly.**
   Take prescription medicines only as directed by your healthcare professional.

2. **Never share opioids.**
   Do not give your prescription pain medicine to relatives, friends, or guests.

3. **Protect children and visitors.**
   Keep all medications in a locked location, out of sight and reach.

4. **Talk with love.**
   Make time for honest conversations with children and other loved ones about opioid safety.

5. **Dispose safely.**
   Use a pharmacy or community medication take-back program for unused prescriptions.

Family conversation starter: "Do we know where every prescription medicine is stored?"

Give thanks for life. Protect the people you love.

"Each One Can Reach One."

Emergency: 911 • SAMHSA National Helpline: 1-800-662-HELP (4357)

803-401-5307 www.hotlifeline.org @hotlifeline